



**FREE
Course**

Being a Parent Course

This 8 week course is ran *by parents, for parents.*

It will cover the following topics:

- Being a good enough parent
- Playing with your child
- Understanding your child's behaviour
- Discipline strategies
- Listening and communication
- Coping with stress

Running in venues in South and East Doncaster from March 2021.

Please email tara.jones@doncaster.gov.uk for a course interest form or call a Family Hub - Central 01302 737995, Wheatley 01302 737790, Balby 01302 736880

**Childcare
vouchers
available**

